

Íþróttagrein	Konur		Karlur		Samtals iðkanir			Breyting milli ára		Fjöldi íþr. félaga	Fjöldi héraða.
	-15	16+	-15	16+	2017	2016	2015	16 til 17	15 til 17		
Aikido	11	54	23	128	216	216	199	0%	9%	1	1
Akstursíþróttir	2	105	6	1.267	1.380	895	1.043	54%	32%	11	8
Almenningsíþróttir	2.707	1.978	3.347	1.675	9.707	9.636	7.502	1%	29%	40	18
Badminton	938	916	1.086	1.732	4.672	4.558	4.888	3%	-4%	25	18
Bandí	12	30	33	60	135	256	237	-47%	-43%	3	3
Blak	435	1.711	435	858	3.439	3.236	3.323	6%	3%	58	20
Bogfimi	29	148	64	385	626	527	444	19%	41%	9	8
Borðtennis	55	54	161	239	509	842	749	-40%	-32%	13	7
Dans	713	663	271	402	2.049	2.363	2.859	-13%	-28%	10	5
Fimleikar	6.600	754	2.948	382	10.684	13.322	12.817	-20%	-17%	28	16
Fisflug		35		297	332	-	273		22%	1	1
Frjálsíþróttir	1.552	837	1.541	806	4.736	5.489	4.264	-14%	11%	76	20
Glíma	68	62	89	127	346	334	313	4%	11%	13	8
Golf	451	5.647	1.014	12.277	19.389	19.136	17.833	1%	9%	59	23
Hafna- og mjúkbolti	6	7	25	45	83	84	165	-1%	-50%	1	1
Handknattleikur	1.434	784	2.547	1.441	6.206	8.576	8.537	-28%	-27%	25	8
Hestaíþróttir	1.555	4.503	1.005	5.029	12.092	11.132	11.321	9%	7%	46	21
Hjólreiðar	67	331	310	698	1.406	1.023	1.063	37%	32%	16	10
Hnefaleikar	93	274	305	643	1.315	1.183	950	11%	38%	6	5
Íshokki	67	106	190	155	518	582	571	-11%	-9%	4	2
Íþróttir fatlaðra	67	362	122	524	1.075	1.023	970	5%	11%	16	12
Jiu jitsu	10	61	15	90	176	176	177	0%	-1%	1	1
Júdó	140	117	415	557	1.229	1.542	1.104	-20%	11%	11	8
Karate	223	139	737	275	1.374	1.264	1.509	9%	-9%	14	8
Keila	14	87	36	232	369	565	575	-35%	-36%	5	3
Klifur	183	188	184	327	882	840	806	5%	9%	3	3
Knattspyrna	5.185	2.376	10.754	7.040	25.355	26.531	23.382	-4%	8%	127	24
Körfuknattleikur	1.066	802	2.279	2.057	6.204	7.142	7.113	-13%	-13%	62	22
Kraftlyftingar	20	377	19	779	1.195	1.478	1.312	-19%	-9%	18	13
Krulla		8		44	52	53	53	-2%	-2%	1	1
Krikket			1	27	28					1	1
Listskautar	476	53	15	1	545	552	567	-1%	-4%	3	2
Lyftingar	28	259	39	391	717	744	640	-4%	12%	10	8
Mótarhj. og snj.sl.íþr.	18	293	70	2.425	2.806	2.440	2.399	15%	17%	10	13
Rathlaup	18	33	17	46	114	114	114	0%	0%	1	1
Rugby		9		56	65					2	1
Siglingar	99	234	289	1.050	1.672	1.398	1.475	20%	13%	9	8
Skíðaíþróttir	486	286	508	328	1.608	1.559	1.546	3%	4%	21	11
Skotíþróttir		310	1	4.008	4.319	4.641	4.573	-7%	-6%	19	17
Skvass		146		678	824	827	827	0%	0%	2	2
Skyldingur	22	353	108	773	1.256	1.252	1.245	0%	1%	3	3
Sund	1.689	381	1.496	285	3.851	4.005	2.690	-4%	43%	37	19
Svifflug		4		79	83	83	83	0%	0%	2	2
Taekwondó	108	132	304	220	764	1.272	1.045	-40%	-27%	14	9
Tennis	154	375	248	485	1.262	1.699	1.633	-26%	-23%	9	5
Þríbraut		155		165	320	405	350	-21%	-9%	8	6
Wushu	14	148	24	167	353	346	328	2%	8%	1	1
Samtals	26.815	26.687	33.081	51.755	138.338	145.341	135.867	-5%	2%		